

TITLE of Module: Ways Communities Express their Cultural Identity

Task

Instructions: You are required to complete section 1 to 10 by writing something about each of the different cultural ways to express you or your community. You can either write inside the box and or add a photo or image/symbol

What is cultural identity?

Your cultural identity is what you share with members of a group. It is formed by:

- Language
- Beliefs
- Values
- Traditions of the community you come from

People from different cultures express and celebrate their cultural identity in many ways, including:

1. **Dance** - some cultures have a traditional dance that many in that culture learn and demonstrate at events as an expression of their cultural identity.

2. **Music** - Many cultures have their own style of music that is particular to that culture. They use musical instruments associated with that culture and they use music as an expression of their cultural identity.

3. Language - people from different cultural backgrounds may use language and the way they communicate with others as a way of expressing their cultural identity.

4. Dress/Clothes - some cultures have a traditional dress. Sometimes this traditional dress is worn everyday or sometimes it is worn on special occasions, depending on the culture. People can express their cultural identity by wearing their traditional dress.

5. Diet - some cultures have a traditional cuisine. People express their cultural identity by preparing food in a particular way or by refusing to eat certain foods or by eating foods on a given day of the week or at a special occasion.

6. Religion - many cultures have religious beliefs and practices that are particular to the culture. People express their cultural identity by participating in their religious practices and customs.

7. Celebrations/festivals - many cultures have celebrations or festivals that are specifically associated with that culture. Through these festivals or celebrations, people express their cultural identity as their traditional music will be playing, people will be dressed in traditional dress and they will be dancing their traditional dance.

8. **Symbols/murals** - people can express their cultural identity by wearing badges or embracing symbols that are associated with that culture.

9. **Sport** - some cultures enjoy sports that are associated with that culture. People can express their cultural identity by participating sports.

10. **Flags** - Some cultures will identify with a particular flag. This may be a flag of a country or state. People express their cultural identity by flying or supporting the flag associated with their culture.